

Thursday, January 26, 2023

NEWS FROM The MFST

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This month we have talked about executive functioning. There are so many facets of executive functioning that they cannot all be covered in a month. There are a variety of resources available on the internet or feel free to reach out to our team for individualized support or guidance.

Having a child with an executive functioning challenge is not a life sentence to struggles and difficulty with life after schooling. There are many careers that are a great fit for people with executive functioning challenges. <u>Here is an article outlining that topic</u>.



EXECUTIVE FUNCTIONING



Visual schedules are a great way to provide reminders and task/time management skill development children may be lacking.

They also build accountability, independence, and feelings of success. The picture to the left shows different ways visual schedules can be used as well as show different presentations of the task or tasks to be completed.

MONTHLY ACTIVITIES

January monthly activity calendar is included on the next page. January 29: Puzzle Day. <u>Here</u> are some printable puzzle ideas

SWALLOW FUN FRIDAY SCHEDULE

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January 27: Wear your favorite color February 3: Wear Red Day: American Heart Month February 10: Flannel Day

February 17: Positive Message Shirts February 24: Swallow Gear

COLLABORATION CORNER

Help us, help you! Our team is not only here to help students, we are a resource for you too. If you have a question we can answer? Click the 'contact us' icon to submit your question or additional support you may need.





Thursday, January 5, 2023





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MONDAY SUNDAY

New Year's Day: Set reading goals with your students or patrons.

Braille Literacy Month: Read Six Dots: A Story Abou Louis Braille by Jen Bryant. Use the braille activity sheet from the Library of Congress to give students an opportunity to read and write in braille.

15

22

29

Happy Belated Book Birthday to A Bad Case of the Almosts by Janet Sumner Johnson, illustrated by Alexandra Colombo. See how 'almosts' are ruining Abby's li — and how a positive mindset helps her overcome.

World Typing Day: How many book titles or character names can kids type in one minute? Test them today and at the end of the month to see if they can beat their own score.

Save the Eagles Day: These magnificent birds are vulnera to a variety of threats. Share Beauty and the Beak: How

Thank You Month: Ask kids to write down a different person to thank every day of the month.

10

TUESDAY

16 Martin Luther King Jr.
Day: There's something for
everyone, from budding
artists to future scientists,
on Shannon McClintock
Miller's MLK choice board.

Handwriting Day: Give kids Handwriting Practice Worksheets from studenthandouts.com, ther ask them to copy a poem, a song, or a favorite passage from a book in their best handwriting.

Try Winter STEM Challenges from Get Caught Engineering.

23

30 Puzzle Day: Jigsaw puzzlet brain teasers, Breakout EDU ... There are so many choices to celebrate Puzzle Day! Start with online jigsaw puzzles from RoomRecess.com.

31

24

Happy Book Birthday to Nell Plants a Tree by Anne Wynter, illustrated by Daniel Miyares, a lyrical picture book about an intergenerational Black family who carefully tends to a pecan tree.

Happy Book Birthday to Abuela's Super Capa by Ana Siqueira, illustrated by Elisa Chavarri. In this bilingual and multigenerational story, Luis learns about love and loss,

and that change is not all that bad.

Compliment Day: Encourage students to compliment each other or to write complimentary notes to others in their life.

WEDNESDAY **THURSDAY**

Jonathan Stutzman's Birthday: Make this adorable Ilama birthday card from Craft Box Girls and send it to the author through social media. Llama may destroy the world, but he won't ruin birthdays!

"There's Snow Better Time to Read." Use this phrase for your January bulletin board, or search Pinterest for other "cool" library ideas

Brain Teaser Month:
If it takes six men one hour to dig six holes, how long does it take one man to dig half a hole?
Find the answer and more kid-friendly teasers at Squigly's Playhouse. 19

12

18 Raymond Briggs's Birthday: After reading his iconic *The Snowman*, kids can make a fun and easy snowman craft from Fantastic Fun and Learning.

nave any fun using boring ideas about how to be the same on this dull day not worth celebrating.

Popcorn Day: Grab some dePaola's *The Popcorn Bo* and you are ready to go!

26

Drew Daywalt's Birthday: After reading Daywalt's crayon books, have students write their own story about an inanimate object that quits.

Library Shelfie Day: Have kids take selfies in front of bookshelves. With or pooksnelves. With permission, post them to your school's social media pages. Use #libraryshelfie #librarshelfieday.

Penguin Awareness Day: What is black and white and simply adorable? After a penguin-themed read-aloud, share penguin webcams from around the world.

Tomorrow is International LEGO® Day, which marks 65 years since the invention of this famous brick. Put out lots of pieces and let the making begin!

FRIDAY

The color blue is often associated with winter. Read the Read Across America January selection Blue: A History of the Color as Deep as the Sea and as Wide as the Sky by Nana Ekua Brew-Hammond.

International Skeptics Day: Help kids learn to think critically about the things they hear. Read The Nantuck Sea Monster: A Fake News Story by Darcy Pattison, then talk about questions to ask about the news.

6

13

28

National Kazoo Day: Books and music are a perfect pair. Share The Duck Who Played the

SATURDAY

Harlem Globetrotters Day: Share a video of

Dress Up Your Pet Day: Turn this fun day into an event by having kids dress up a stuffed animal as a book character, then host

book character, then he a pet and book parade!

Queen

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